

FAMILY CHECKLIST · KEEP WITH YOUR IMPORTANT NUMBERS

Our family verification plan

A calm plan for surprising calls, messages, videos, and AI answers that ask for money, account access, secrecy, or immediate action.

OUR RULE

When something asks us to act quickly, we pause and verify through a separate channel.

Before an emergency happens

- ☐ Choose a family check phrase that is not posted online.
- ☐ Keep important phone numbers saved in more than one place.
- ☐ Agree that ending a suspicious call is never rude.
- ☐ Agree which trusted adults a young person can contact.
- ☐ Review how to contact the family's bank or credit union through its official app, card, or website.

During a surprising request

- ☐ Stop. Do not click, pay, transfer, or share a code.
- ☐ End the call or leave the chat.
- ☐ Contact the person using a number or account we already trust.
- ☐ Ask another trusted adult.
- ☐ Check official Canadian or U.S. fraud-reporting guidance.

REMEMBER

A real person who cares about you will understand why you are checking. Pressure is a reason to slow down.

Protect the details

Use the checklist together. Keep it somewhere useful, and update it when trusted contacts change.

Private information we do not put into AI tools

- ☐ Passwords and security codes
- ☐ Account numbers and statements
- ☐ Government or school ID
- ☐ Home address and exact live location
- ☐ Private photos, recordings, messages, and documents
- ☐ Another person's information without permission

Our trusted contacts

Trusted adult 1

Trusted adult 2

Financial institution's official
number

Talk about it

What kind of message would make each of us act too quickly? What sentence can we use to pause without feeling embarrassed?

KEEP LEARNING

This checklist provides general education, not personalized financial, legal, or security advice. Reporting processes differ between Canada and the United States.